

Whole Seed



AMAZING HERBS®

BLACK SEED™

Whole Premium
Black Cumin Seed

NIGELLA SATIVA SEEDS
GREAT IN SMOOTHIES,
YOGURT & MORE

NET WT 16 OZ (1 LB) 454g

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tsp (6g)
Servings Per Container 76

| Amount Per Serving | %DV |
|------------------------|-----|
| Calories 20 | |
| Total Fat 1 g | 1%* |
| Total Carbohydrate 3 g | 1%* |
| Dietary Fiber 2 g | 8%* |
| Protein <1 g | 2%* |
| Calcium 41 mg | 3% |
| Iron 1 mg | 4% |

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: WHOLE BLACK CUMIN SEED (*NIGELLA SATIVA*).



PACKED IN THE USA BY
AMAZING HERBS
BUFORD, GA 30518
1-800-241-9138



Whole Black Cumin Seed

Amazing Herbs Whole Premium Black Cumin Seed is **NON-GMO, NON-Irradiated, pesticide and gluten-free.**

SUGGESTED USE: Adds a bit of peppery zest to foods. Use instead of black pepper. Sprinkle on foods like soups, salads, meats, vegetables, or pasta.

Contains no preservatives. Store in a cool, dark place away from moisture, direct heat & sunlight.



Item#86116
VEGAN • HALAL
Naturally Gluten Free

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