

swanson.com  
or call 1-800-437-4148

- Supports healthy bones
- Found in healthy teeth
- Promotes healthy osteoblast activity while maintaining healthy osteoclast activity to support healthy bones

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one capsule two times per day with meals. Ensure adequate calcium intake (1,000 mg/day) during use. Do not take calcium supplements within two hours before or after strontium use.

**WARNING:** For adults only. Do not take this product if you have a renal disorder or if you are pregnant or nursing. Consult your healthcare provider before using this or any product if you are taking medication or have a medical condition. Do not exceed recommended dosage. Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON®

# Strontium Citrate

Bone Health

340 mg per capsule

MINERAL SUPPLEMENT | 60 CAPSULES

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Strontium	340 mg*
(from strontium citrate)	

\*Daily Value not established.

Other ingredients: Gelatin, rice flour, calcium laurate, silica.

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