

**Mito SAP™** is a source of coenzyme Q<sub>10</sub>, an antioxidant involved in supporting cellular energy production (mitochondrial synthesis of adenosine triphosphate [ATP]).\* **Mito SAP™** is a source of antioxidants.\*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

**Directions for use:** Adults: Take 1 capsule three times daily with food or as directed by your healthcare practitioner.

**Contains no:** Gluten, soy, wheat, corn protein, eggs, dairy, citrus, preservatives, artificial flavor or color, starch, or sugar.

**Cautions and warnings:** Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding; if you have liver disease, kidney disease, and/or a seizure disorder; if you are taking blood-pressure medication; or if you have diabetes.

**Known adverse reactions:** May cause digestive problems. Discontinue use and consult a healthcare practitioner if you experience sweating, paleness, chills, headache, dizziness, and/or confusion.

**This product is non-GMO and vegan friendly.**

Do not use if seal is broken. Keep out of reach of children.

**Color, size and smell may vary from one lot to another.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



V0582-R1



nfh.ca



# Mito SAP

Source of coenzyme Q<sub>10</sub> for  
mitochondrial support\*

DIETARY SUPPLEMENT

90 CAPSULES

## Supplement Facts

Serving Size: 1 Capsule

Servings: 90

|                                                                        | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------|-----------------------|------------------|
| Thiamin (Vitamin B1;<br>from thiamin hydrochloride)                    | 33.33 mg              | 2778%            |
| Acetyl-L-carnitine hydrochloride                                       | 333.33 mg             | **               |
| Quercetin                                                              | 166.67 mg             | **               |
| R-alpha-Lipoic acid                                                    | 100 mg                | **               |
| Grape seed ( <i>Vitis vinifera</i> ) extract,<br>95% proanthocyanidins | 83.33 mg              | **               |
| PQ <sub>10</sub> (emulsified coenzyme Q <sub>10</sub> )                | 20 mg                 | **               |

\*\* Daily Value not established.

**Other ingredients:** Vegetable magnesium stearate, pea protein and silicon dioxide in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA BY  
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.  
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