

- **POWERFUL PROBIOTICS FOR WOMEN'S DAILY DIGESTIVE & IMMUNE HEALTH ***
- **FORMULATED WITH 15 PROBIOTIC STRAINS + PREBIOTICS**
- **ONE CAPSULE, MULTIPLE BENEFITS**
- **90 BILLION ACTIVE CULTURES, GUARANTEED!**
- **TARGETED DELIVERY**

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Keep refrigerated to maintain maximum potency.



The probiotic strains contained in this product are manufactured by IFF. HOWARU® is a registered trademark of International Flavors & Fragrances Inc. or its affiliates.



◆ LG15859.B03 BLK8782B

GLUTEN FREE. No artificial colors.

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Questions? 1-800-9NATURE / fortifyprobiotics.com



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Fortify Optima®

**WOMEN'S PROBIOTIC
+ PREBIOTICS**

ADVANCED CARE

90 BILLION

LIVE PROBIOTIC CULTURES PER CAPSULE

15 PROBIOTIC STRAINS

**30 DELAYED-RELEASE
CAPSULES**

**PROBIOTIC
SUPPLEMENT**

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Keep refrigerated to maintain maximum potency.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
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Fortify® Optima® Women's 90 Billion CFU Proprietary Probiotic Blend	550 mg**
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Lactobacilli/Lactococcus Blend (73 Billion CFU)

Lactobacillus plantarum Lp-115®; *L. acidophilus* La-14®; *L. rhamnosus* GG; *Lactococcus lactis* LI-23™; HOWARU® *Lactobacillus rhamnosus* HN001™; *L. brevis* Lbr-35™; *L. paracasei* Lpc-37®; *L. casei* Lc-11®; HOWARU® *L. acidophilus* NCFM®; *L. salivarius* Ls-33®; *L. fermentum* SBS-1™

Bifidobacteria Blend (17 Billion CFU)

Bifidobacterium lactis BL-04®; *B. bifidum/lactis* Bb-02™; *B. lactis* Bi-07®; HOWARU® *B. lactis* HN019™

Proprietary Plant-Based Prebiotic Blend	75 mg**
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Chicory Root Fiber, Gum Acacia Fiber, Organic Blue Agave Inulin

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica