

- POWERFUL PROBIOTICS FOR DAILY DIGESTIVE & IMMUNE HEALTH *
- FORMULATED WITH 15 PROBIOTIC STRAINS + PREBIOTICS
- ONE CAPSULE, MULTIPLE BENEFITS
- 100 BILLION ACTIVE CULTURES, GUARANTEED!
- TARGETED DELIVERY

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Keep refrigerated to maintain maximum potency.



HOWARU® is a registered trademark of International Flavors & Fragrances Inc. or its affiliates. HN001™ and HN019™ are trademarks of the Fonterra Group of companies used under license. The probiotic strains contained in this product are manufactured by IFF.

◆ LG15784.C03 BLK9244C

GLUTEN FREE. No artificial colors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / fortifyprobiotics.com



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
Fortify Optima®

DAILY PROBIOTIC
+ PREBIOTICS

ADVANCED CARE

100 BILLION

LIVE PROBIOTIC CULTURES PER CAPSULE

15 PROBIOTIC STRAINS

30 DELAYED-RELEASE
CAPSULES

PROBIOTIC
SUPPLEMENT

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Keep refrigerated to maintain maximum potency.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
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Fortify® Optima® Daily 100 Billion CFU Proprietary Probiotic Blend	575 mg **
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Lactobacilli Blend (63 Billion CFU)

Lactobacillus rhamnosus GG; HOWARU® *L. acidophilus* NCFM®;
L. acidophilus La-14®; *L. paracasei* Lpc-37®; *L. plantarum* Lp-115®;
L. brevis Lbr-35™; HOWARU® *L. rhamnosus* HN001™; *L. casei* Lc-11®;
L. salivarius Ls-33®; *L. gasseri* Lg-36™

Bifidobacteria Blend (37 Billion CFU)

Bifidobacterium lactis BL-04®; *B. lactis* Bi-07®; *B. bifidum*/
lactis Bb-02™; HOWARU® *B. lactis* HN019™; *B. infantis* Bi-26™

Proprietary Plant-Based Prebiotic Blend	75 mg **
Chicory Root Fiber, Gum Acacia Fiber, Organic Blue Agave Inulin	

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica