

- **POWERFUL PROBIOTICS FOR DAILY DIGESTIVE & IMMUNE HEALTH ***
- **FORMULATED WITH 15 PROBIOTIC STRAINS + PREBIOTICS**
- **ONE CAPSULE, MULTIPLE BENEFITS**
- **35 BILLION ACTIVE CULTURES, GUARANTEED!**
- **TARGETED DELIVERY**

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight.



HOWARU® is a registered trademark of IFF and is used under license. HN019™ and HN001™ are trademarks of the Fonterra Group of companies used under license. The probiotic strains contained in this product are manufactured by IFF.

◆ LG15652.C03 B712132C

GLUTEN FREE. No artificial colors.

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / fortifyprobiotics.com



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
Fortify
Optima®

DAILY PROBIOTIC
+ PREBIOTICS

EVERYDAY CARE

35 BILLION

LIVE PROBIOTIC CULTURES PER CAPSULE

15 PROBIOTIC STRAINS

30 DELAYED-RELEASE
CAPSULES

**PROBIOTIC
SUPPLEMENT**

Recommendation: Adults take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
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Fortify® Optima® Daily 35 Billion CFU	525 mg **
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Proprietary Probiotic Blend

Lactobacilli Blend (30 Billion CFU)

Lactobacillus paracasei Lpc-37®; *L. plantarum* Lp-115®;
L. brevis Lbr-35™; *L. rhamnosus* GG; HOWARU® *L. rhamnosus*
HN001™; HOWARU® *L. acidophilus* NCFM®; *L. bulgaricus*
Lb-87™; *L. gasseri* Lg-36™; *L. reuteri* 1E1™

Bifidobacteria/Streptococcus Blend (5 Billion CFU)

Bifidobacterium lactis BL-04®; HOWARU® *B. lactis* HN019™;
B. lactis Bi-07®; *B. bifidum* Bb-06™; *B. infantis* Bi-26™;
Streptococcus thermophilus St-21™

Proprietary Plant-Based Prebiotic Blend: Chicory Root Fiber,	75 mg **
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Gum Acacia Fiber, Organic Blue Agave Inulin

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica