

Rhodiola SAP™ is used in herbal medicine as an adaptogen to help temporarily relieve symptoms of stress (such as mental fatigue and sensation of weakness).* **Rhodiola SAP™** is used in herbal medicine to help support cognitive function (such as mental focus and mental stamina).* **Rhodiola SAP™** provides antioxidants.*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adults: Take 1 capsule twice daily or as directed by your healthcare practitioner. Not to be taken immediately before bedtime.

Contains no: Gluten, soy, wheat, corn protein, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

Cautions and warnings: Consult a healthcare practitioner if symptoms persist or worsen. Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding, if you are taking antidepressant medication, or if you are taking hormone replacement therapy (HRT) or birth-control pills.

Contraindications: Do not use this product if you have bipolar disorder or bipolar spectrum disorder.

Known adverse reactions: Discontinue use if you experience irritability or insomnia.

This product is non-GMO and vegan friendly.

Do not use if seal is broken. Keep out of reach of children.

Color, size and smell may vary from one lot to another.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Rhodiola SAP

Helps improve mental
fatigue and stamina*

DIETARY SUPPLEMENT

nfh.ca

60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings: 30

	Amount Per Serving	% Daily Value
Roseroot (<i>Rhodiola rosea</i>) root extract, 5% rosavins, 1.9% salidroside	400 mg	**

** Daily Value not established.

Other ingredients: Vegetable magnesium stearate, microcrystalline cellulose and silicon dioxide in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
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NFH-1137U

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