

Ground Seed



AMAZING HERBS®

**BLACK
SEED™**

**Ground Premium
Black Cumin Seed**

FINELY GROUND NIGELLA SATIVA

**GREAT IN SMOOTHIES,
YOGURT & MORE**

NET WT 16 OZ (1 LB) 454g

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tsp (3g)
Servings Per Container 151

Amount Per Serving	%DV
Calories 10	
Total Carbohydrate 2 g	<1%*
Dietary Fiber 1 g	4%*
Iron 0.5 mg	3%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**INGREDIENTS: GROUND BLACK
CUMIN SEED (NIGELLA SATIVA).**



PACKED IN THE USA BY
AMAZING HERBS
BUFORD, GA 30518
1-800-241-9138

*Ground Black
Cumin Seed*

Amazing Herbs Ground Premium Black Cumin Seed is
NON-GMO, NON-Irradiated, pesticide and gluten-free.

SUGGESTED USE: Adds a bit of peppery zest to foods.
Use instead of black pepper. Sprinkle on foods
like soups, salads, meats, vegetables, or pasta.

Contains no preservatives. Store in a cool, dark place
away from moisture, direct heat & sunlight.



Item#86216

VEGAN • HALAL
Naturally Gluten Free

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