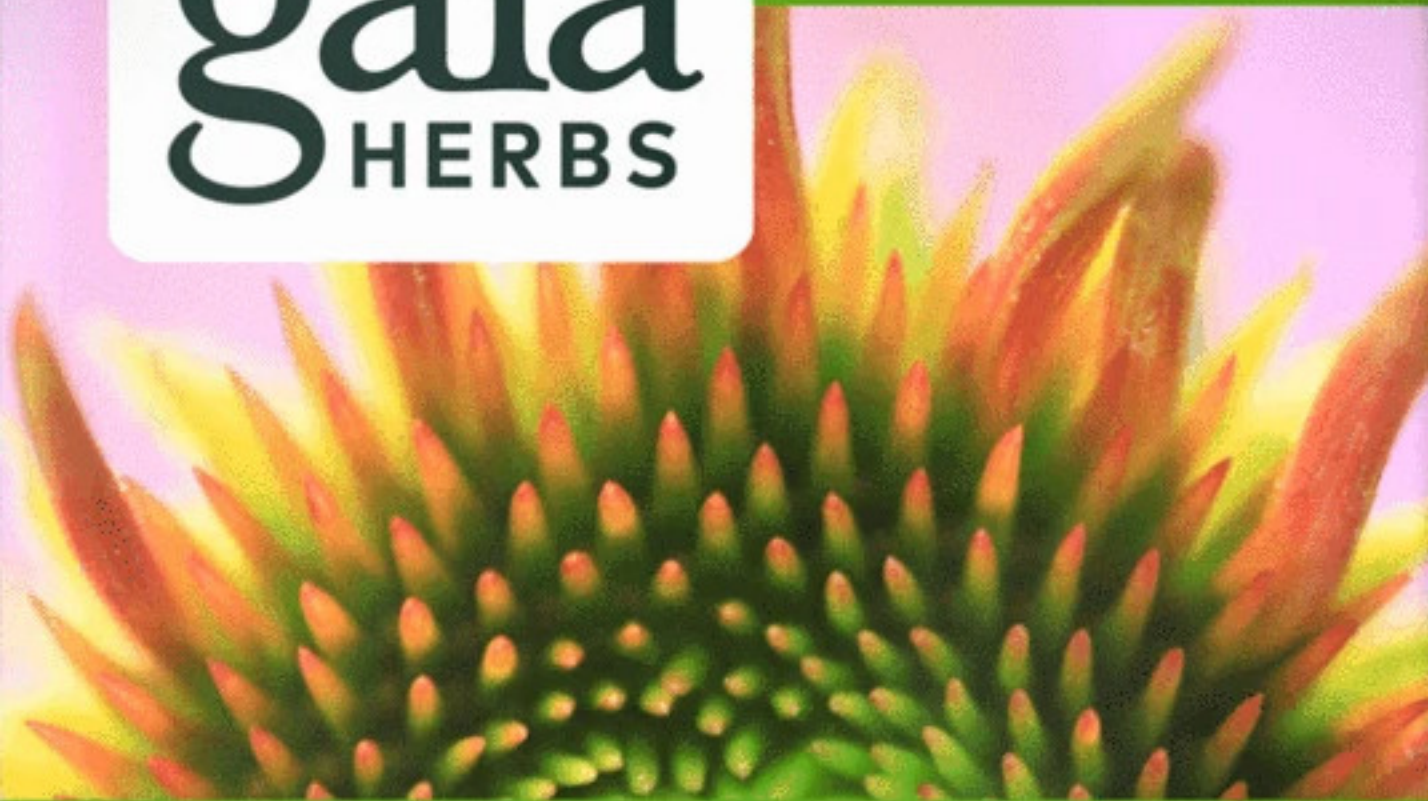


gaia<sup>®</sup>  
HERBS

NEW LOOK  
SAME FORMULA



IMMUNE SUPPORT\*

# Whole Body Defense<sup>®</sup>

Helps maintain overall  
long-term well-being\*

With Maitake mushroom &  
Gaia-grown™ Echinacea

60

VEGAN LIQUID PHYTO-CAPS<sup>®</sup>  
HERBAL SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

|                                                                                                                                                        | Amount<br>Per Serving | % Daily<br>Value |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Total Carbohydrate                                                                                                                                     | <1 g                  | <1%*             |
| Proprietary Extract Blend                                                                                                                              | 370 mg                | †                |
| Organic Echinacea purpurea aerial parts extract,<br>Astragalus root, Larch gum, Maitake mushroom ( <i>Grifola<br/>frondosa</i> ) fruiting body extract |                       |                  |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan  
capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

## SUGGESTED USE

**Adults take 1 capsule 2 times daily  
between meals.**

Not for use during pregnancy or lactation. If you have a  
medical condition or take medications, please consult with your  
doctor before use. **Store away from children.** Use only as  
directed on label. Safety-sealed for your protection. Keep  
bottle capped at all times and store in a cool, dry place. Natural  
separation may occur. This does not affect product quality.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY  
THE FOOD AND DRUG ADMINISTRATION. THIS  
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,  
CURE, OR PREVENT ANY DISEASE.



[meetyourherbs.com](http://meetyourherbs.com)

Gaia Herbs delivers unprecedented  
traceability by screening every product  
and sharing the results online. See for  
yourself, and learn more about your  
herbs, by entering the unique ID # below  
at [meetyourherbs.com](http://meetyourherbs.com).

**VEGAN  
GLUTEN-FREE  
SOY-FREE**

Certified



Corporation

BEST BY:

Gaia Farm, Brevard NC



## Connecting Plants & People Since 1987

### PURITY - Keep it Clean

All products are screened for pesticides,  
microbes & heavy metals.

### INTEGRITY - Keep it Real

See the proof at [meetyourherbs.com](http://meetyourherbs.com), the  
world's first herb traceability platform.

### POTENCY - Keep it Strong

Concentrated plant extracts are delivered  
in our patented Phyto-Caps<sup>®</sup> technology.

Discover our Guiding Truths at:



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