SUSTAIN RELEASE 110 PAST MEDIUM SLOW

PROTEIN

648 mm Total Print Width

## **AMAZING TASTE!**



MIXABILITY

## HI PROTEIN / LOW CARB

**ONLY 1g SUGAR** 

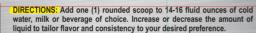
## **Nutrition Facts** Servings Per Container: 60 Amount Per Serving Calories 170 Calories from Fat 45 Total Fat 5g Saturated Fat 19 Cholesterol 45mg Potassium 210mg Dietary Fiber 0.5g Iron

he higher or lower depending on your calorie needs Saturated Fat Total Carbohydrates Dietary Fibe Less than 2,400mg 2,400mg Potassium Less than 3,500mg 3,500mg Calories Per Gram

Ingredients: FMS Protein Blend: (Cross-flow Full Spec trum Whey Protein Concentrate (Providing Di-Tri-Oligo and Polypeptides which are the short and long chains of amino acids]. Ultra Pure Hydrolyzed Protein Isolate Micellar Casein). M&M's® (Milk Chocolate [Sugar Chocolate, Cocoa Butter, Skim Milk, Milkfat, Lactose Soy Lecithin, Salt, Artificial Flavors1, Sugar Cornstarch Less than 1% Corn Syrup, Gum Acacia, Coloring [Re-40 Lake, Yellow 6, Yellow 5, Blue 2 Lake, Red 40, Blue 1 Lake, Blue 1, Yellow 5 Lake, Yellow 6 Lakel, Dextrin) Cocoa Powder, Natural and Artificial Flavors, Malto dextrin, Xanthan Gum, Medium Chain Triglycerides (MCT's), Sodium Chloride, Acesulfame Potassium and

Store in a cool, dry place.

Manufactured in an FDA Registered & GMP Certified facility.



The Ultimate Flurry Hi-Protein Powder is designed to be used anytime thoughout the day including:

BEFORE AND AFTER EXERCISE: Makes an excellent pre and post workout shake by providing fast digesting protein for immediate muscle support plus containing the perfect blend of medium and slow digesting proteins for extended amino acid delivery and recovery.

NOTE: Best results when taken 30 minutes before and after exercise.

WITH MEALS: Use the Ultimate Flurry Hi-Protein Powder with your meals to increase desired protein quantity.

BETWEEN MEALS AND BEFORE BED: The Ultimate Flurry Hi-Protein Powders Sustained Release specialized protein blend FMS (Fast, Medium, Slow) keeps amino acid levels elevated between meals and throughout the night preventing the breakdown of muscle, so your body doesn't go into an undesirable catabolic state.\*

ALLERGY INFORMATION: Contains Milk and Soy Lecithin. Produced in a facility that manufactures products containing peanuts.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease

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Advanced Nutrient Science Intl. Largo, FL 33777 USA Questions? 1.888.777.1223 International 727.547.5222 • FAX 727.479.0159 **Premium Quality** HYDROLYZED PROTEIN ISOLATE

Hi-Protein

**NET CARBS** 

BCAA's

GLUTAMINE

SUSTAINED RELEASE MUSCLE BUILDING PROTEIN\*

Flavored with America's **Favorite Crushed Chocolate Candy** 

NET WT. 5.0 LBS. (2270 g)

## **GUARANTEED...** The Most Delicious **Protein Powder** You'll Ever Try!

- Only 5g Net Carbs
- **Great for Hi Protein / Low Carb Diets**
- **Contains The Right Optimum Ratio of Essential and** Non-essential Amino Acids
- Loaded with Glutamine and BCAA's (Branched-chain amino acids)
- IGF-rich Whey Protein
- Supports Intracellular Nitrogen Retention Levels\*
- MCT's for Fast Burning Muscle Energy\*
- No Aspartame, No Trans Fat
- **Gluten Free**



