

## A Good Day Starts with a Good Night.

When stress occasionally keeps you awake at night, unwind with Sleep Tonight™ stress-reducing formula, and get an edge on the day tomorrow!\*

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Sensoril® is a registered trademark of Natreon, Inc., and is protected under U.S. Patent No. 7,318,938.

Suntheanine® is a registered trademark of Taiyo International, Inc.

**GLUTEN FREE.** No yeast-derived ingredients, wheat, or dairy.

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**Questions?** 1-800-9NATURE /  
naturesway.com



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



# Sleep tonight™

## STRESS-REDUCING SLEEP AID\*

### Dietary Supplement

### 28 TABLETS

**Recommendation:** Adults, take 1 tablet before bedtime or as recommended by a healthcare professional. For nightly use. **Warning:** Do not use if you are pregnant. If you are nursing, diabetic, or taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 1 Tablet

| Amount per Serving                                                                                                                                     |        | % DV |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Total Carbohydrate                                                                                                                                     | <1 g   | <1%† |
| Stress-Reducing Proprietary Blend: ashwagandha (Sensoril® brand) root and leaf extract, L-Theanine (Suntheanine®)                                      | 250 mg | **   |
| Cortisol-Reducing Proprietary Blend: magnolia bark extract standardized to 2% honokiol (3 mg) and 1% magnolol (1.5 mg), epimedium aerial parts extract | 225 mg | **   |
| Phosphatidylserine (from soybean lecithin)                                                                                                             | 50 mg  | **   |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, hypromellose, stearic acid, calcium silicate, magnesium stearate, silica, titanium dioxide color, glycerin  
Contains soy.