

**SUPPORTS  
IMMUNE HEALTH\***



Vitamin C provides powerful antioxidant protection, supports immune function, and strengthens collagen for healthy skin.\* Our Vitamin C is carefully tested and produced to superior quality standards.

◆ LG40321.A01 BLK8319A



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**BUFFERED  
C-500**

— MINERAL ASCORBATE —

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**250 CAPSULES** | 500 MG Vitamin C  
per Serving

**DIETARY SUPPLEMENT**

**Recommendation:** Take 1 capsule one to two times daily, preferably with food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

**Supplement Facts**

Serving Size 1 Capsule

Amount per Serving		% DV
Vitamin C	500 mg	556%
(ascorbic acid and calcium ascorbate)		

Daily Values (DV).

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

**Keep out of reach of children.** Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

**GLUTEN FREE.** No yeast-derived ingredients, wheat, soy, dairy, or artificial colors, flavors, or preservatives.

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**Questions?** 1-800-9NATURE /  
naturesway.com

