## SOURCE NATURALS®



## THEANINE SERENE WITH RELORA

CALM MIND & BODY

**60 TABLETS** 

## Supplement Facts

Serving Size 2 Tablets Servings Per Container 30

Amount P	er Serving	%DV
Calories	10	
Total Carbohydrate	1 g	<1%*
Magnesium (as magnesium	300 mg	71%
amino acid complex)		
GABA (gamma-aminobutyric acid)	500 mg	†
Taurine	450 mg	†
t-Theanine	200 mg	†
Relora® (a proprietary blend of a	150 mg	t
patented extract from Magnolia officin	nalis bark and a	
proprietary extract from Phellodendro	n amurense bar	k)
Holy Basil Leaf Extract	100 mg	†
*Percent Doily Volume (O/ DVD	0.00010	rio diat

Percent Daily Values (%DV) are based on †Daily Value not established.

Other ingredients: sorbitol, stearic acid, modified cellulose gum and silica

Suggested Use: 2 tablets daily

Do not use if either tamper-evident seal is broken or missing Sumplement Keep out of the reach of children.

Serene Science THEANINE SERENE® WITH RELORA® contains the amino acid L-theanine, to support relaxation and focused attention, and the calming neurotransmitter GABA Taurine can support the movement of potassium out of neurons, which may help prevent overexcitation of neurons. It also features magnesium to support muscle and nerve relaxation, calming holy basil leaf extract and Relora® to gently soothe away the tension in your body. Relora contains magnolia and phellodendron extracts which may help relieve temporary anxiety. Try Serene Science THEANINE SERENE WITH RELORA to start relaxing today.\*

WARNING: If you are pregnant, may become pregnant of breastfeeding, or taking any medication including antidepressant drugs such as MAOIs, SSRIs, or other neuropsychiatric drugs of supplements such as St. John's wort, consult your health care professional before using this product. Excessive consumption may impair ability to drive or operate heavy equipment. Not no ommended for consumption with alcoholic beverages.

Suitable for vegetarians. Contains no yeast, dairy, egg. 0 ten, soy or wheat. Contains no sugar, salt, preservatives, artificial color, flavor or fragrance.



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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