

STRESS SUPPORT*

STRESS RESPONSE

Helps manage the effects
of stress and fatigue*



CONCENTRATED
FORMULA



FULL
SPECTRUM

30

VEGAN CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Siberian Rhodiola (<i>Rhodiola rosea</i>) root extract	120 mg	†
Rosavins	6 mg	†
Holy Basil (<i>Ocimum sanctum</i>) leaf supercritical CO ₂ extract	32 mg	†
Eugenols	3.86 mg	†
Proprietary Extract Blend	520 mg	†
Organic Oats (<i>Avena sativa</i>) milky seed extract, Organic Holy Basil (<i>Ocimum sanctum</i>) leaf, Schisandra (<i>Schisandra chinensis</i>) berry, Ashwagandha (<i>Withania somnifera</i>) root extract		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water, vegan capsule
(hypromellose) and olive oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

SUGGESTED USE

Adults take 2 capsules in the morning. For additional
support, take 2 capsules in the afternoon.

Not for use during pregnancy or lactation. If you have a medical
condition or take medications, please consult with your doctor
before use. Rhodiola should not be taken by individuals with bipolar
disorder. **Store away from children.** Use only as directed on label.
Safety-sealed for your protection. Keep bottle capped at all times
and store in a cool, dry place. Natural separation may occur. This
does not affect product quality.

THE GAIA DIFFERENCE

- ✓ Sustainably sourced
- ✓ Extracted without
harsh solvents
- ✓ 6 distinct quality tests
- ✓ Formula rooted in traditional
herbalism



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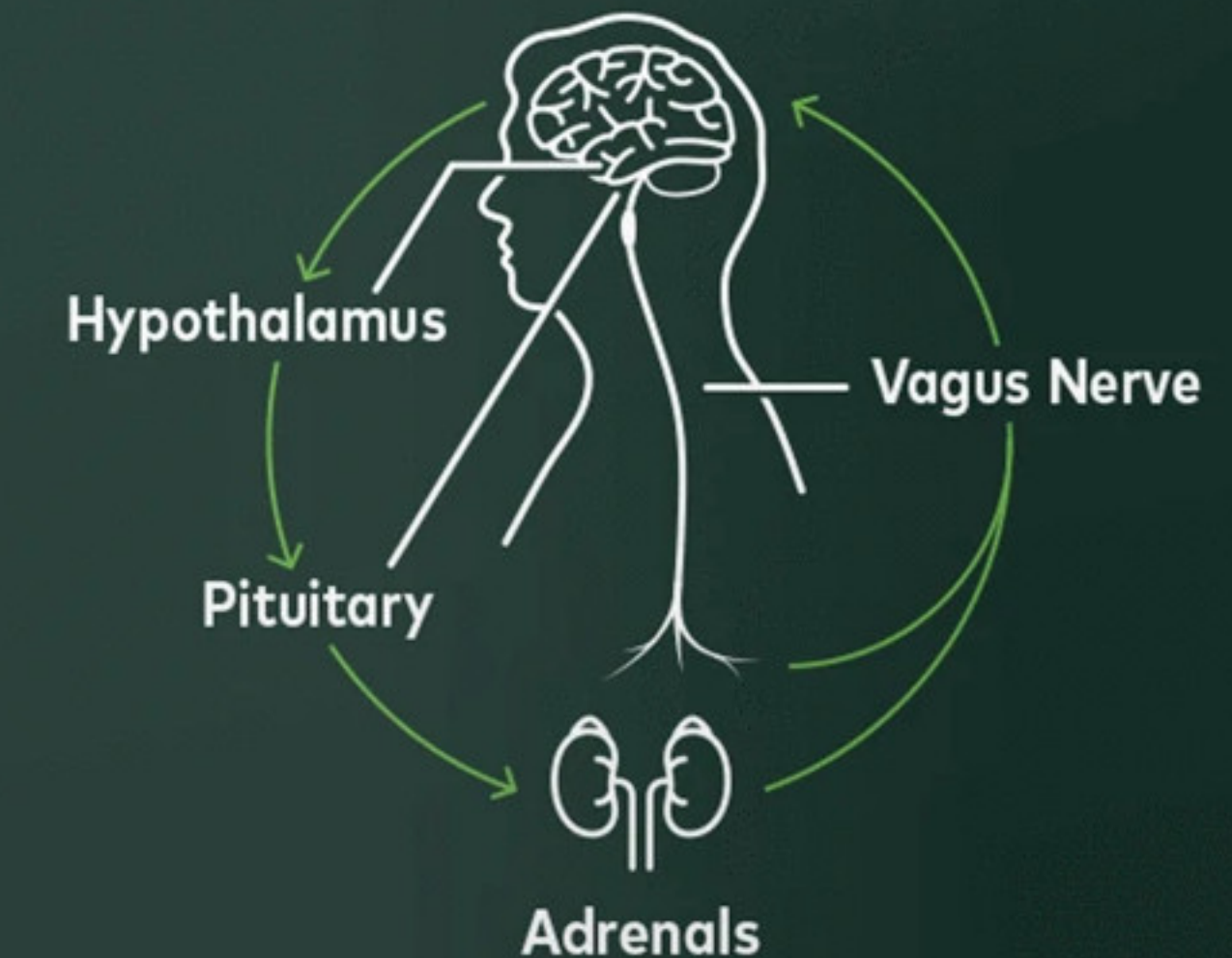
Gaia Herbs delivers unprecedented traceability
by screening every product and sharing results
online. To learn more, enter the unique ID #
below at meetyourherbs.com.

BEST BY:

A BALANCED APPROACH

Our stress support formulas contain
an expert blend of adaptogens and
nervines.* Together, these herbs work
harmoniously to support different
facets of the stress response and
bring your body into balance.*

STRESS & NERVOUS SYSTEM RESPONSE



* THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.