

gaia[®]
HERBS

NEW LOOK
SAME FORMULA

SLEEP SUPPORT*

SleepThru[®]

Supports a good night's rest
during periods of stress*

Made with Passionflower,
Ashwagandha & Jujube date

30

VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1g	<1%*
Proprietary Extract Blend	940 mg	†
Organic Ashwagandha (<i>Withania somnifera</i>) root, Magnolia (<i>Magnolia officinalis</i>) bark, Organic Passionflower (<i>Passiflora incarnata</i>) flowering vine, Jujube date (<i>Ziziphus jujuba</i>) fruit		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan
capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 2 capsules contain 2,450 mg dry herb equivalent.

SUGGESTED USE

Adults take 2 capsules 1 hour before bed.
Best results obtained after 1 month of use.

Not for use during pregnancy or lactation. If you have a medical
condition or take medications, please consult with your doctor
before use. **Store away from children.** Use only as directed on label.
Safety-sealed for your protection. Keep bottle capped at all times
and store in a cool, dry place. Natural separation may occur. This
does not affect product quality.

meetyourherbs.com

Gaia Herbs delivers unprecedented
traceability by screening every product
and sharing the results online. Learn
more about your herbs by entering the
unique ID # below at **meetyourherbs.com**.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



Corporation

BEST BY:

Connecting
Plants & People[™]
SINCE 1987

PURITY - Keep it Clean

All products are screened for
pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com,
the world's first herb traceability
platform.

POTENCY - Keep it Strong

Concentrated plant extracts are
delivered in our patented Phyto-Caps[®]
technology.

Discover our Guiding Truths at:



gaiaherbs.com
[@gaiaherbs](https://www.instagram.com/gaiaherbs)

* THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.