SOURCE NATURALS®



GABA CALM MIND*

750 MG · 180 CAPSULES

Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

GABA (gamma-aminobutyric acid) 750 mg†

†Daily Value not established.

Other ingredients: gelatin (capsule), magnesium stearate, and silica.

GABA (gamma-aminobutyric acid), an amino acid and a key inhibitory neurotransmitter, may help support a calm mind as well as muscle relaxation. Neurotransmitters are chemical messengers that carry information between nerve cells or from nerve cells to other target cells. GABA is synthesized in the body from glutamic acid where its function is to have an inhibitory effect on the firing of neurons.*

Suggested Use: 1 capsule daily.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FG-102562 BEST IF USED BY 7 22

Manufactured for:
Source NATURALS, 1
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SANTA CRUZ, CA 95062

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