

SOURCE NATURALS®



DIETARY SUPPLEMENT

GAMMA E 400

COMPLETE E COMPLEX
WITH TOCOTRIENOLS
400 MG • 60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Vitamin E (D- <i>alpha</i> -Tocopherol)	190 IU	633%
Tocopherol Blend	667 mg	†
Yielding:		
<i>gamma</i> -Tocopherol	400 mg	†
<i>delta</i> - and <i>beta</i> -Tocopherol	130 mg	†
Sesame Seed Oil	30 mg	†
Tocotrienol Complex (EVNoI™)	5 mg	†

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Contains soy.

Suggested Use: 1 softgel 1 to 2 times daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Recent research has demonstrated that *gamma*-tocopherol, the main dietary source of vitamin E, has a very important role in supporting health. *gamma*-Tocopherol is a more effective antioxidant than *alpha*-tocopherol and may be an important factor for a healthy cardiovascular system. It also inhibits the COX-2 enzyme, according to *in vitro* tests. Research indicates that a ratio of *gamma*- to *alpha*-tocopherol greater than 1:1 increases levels of both tocopherols in the body and that *alpha*-tocopherol alone may not be adequate to combat oxidative stress. Source Naturals **GAMMA E 400** offers a 3:1 *gamma*- to *alpha*-tocopherol ratio (190 IU equals 126 mg) and also contains tocotrienols from palm fruit which provides high concentrations of all four tocotrienols: *alpha*, *beta*, *gamma*, and *delta*. Sesame seed oil, rich in *gamma*-tocopherol, is used as the base.*

Contains no yeast, dairy, egg, gluten or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

EVNoI™ is a trademark of ExcelVite Inc.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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FG-92362 BEST IF USED BY 1 22

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