Suggested Usage: Mix 1 scoop (5.16 grams*) daily in approximately 2 oz of room temperature water or juice Add an additional 6-8 oz of room temperature water or juice and mix well (for best results, mix in a blender bottle). Drink on an empty stomach at least 1 hour before or 2 hours after meals, or as recommended by a healthcare professional.

Collagen is the primary structural protein found in joints, bones, skin, nails, and other connective tissues. It is responsible for maintaining the strength and elasticity/flexibility of these tissues found throughout the body.

Cur CollagenUP* complex contains unique, enzymatically hydrolyzed, Marine Collagen Peptidas hydrolyzed and Vitamin C. Our specially processed Marine Collagen is enzymatically bydrolyzed (broken down) into amino acid peptides in order to assist with absorption. boxalabity. Taken as a dietary supplement, this product provides the fundamental building boxs for support of healthy joints, bones, skin, hair & nails, providing the body with the nutrients needed to support the strength and integrity of our bodies.

Aroma, color, consistency and taste may vary. Color shift is normal and cannot be avoided. Keep out of reach of children. Sealed for your protection. Do not use if seal is missing of broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

THIS PRODUCT IS PACKAGED AND SOLD BY WEIGHT, NOT BY VOLUME. SETTLING OF CONTENTS OCCURS OVER TIME.

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition* is a registered trademark of Madre Labs, LLC

Manufactured for: Madre Labs, LLC 301 North Lake Avenue, Suite 500 Pasadena, CA 91101 info@calgn.com | www.calgn.com LREV0521cup4 con1032



CALIFORNIA GOLD NUTRITION®

Collagen UP®

Marine Sourced Collagen Peptides + Hyaluronic Acid + Vitamin C

Support for Healthy Hair, Skin, Nails, Joints & Bones*

Bioavailable • Unflavored



NET WT 16.37 oz (1.02 lb) 464 g **Dietary Supplement**

Notice: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts Serving Size 1 scoop (5.16 grams*)

Servings Per Container About 90

	Amount Per Serving	% Daily Value
Calories	20	
Protein	4g	<1%"
Vitamin C (as Calcium Ascorbate)	90mg	100%
Sodium	20mg	<1%
Hydrolyzed Marine Collagen Peptides	5g	t
Hyaluronic Acid (as Sodium Hyaluronate)	60mg	†

"Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

CONTAINS: FISH (One or more of the following: Tilapia, Cod, Pollock, Haddock & Hake) *5.16 grams per scoop is an average, Individual scooping technique may yield slightly less than or slightly more than 5.16 grams,

This product is not manufactured with milk, eggs, crustacean shellfish, tree nuts, pearuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.