

**Reishi SAP™** is used in herbal medicine as an adaptogen to help increase energy and stress relief, as well as to support immune health and liver function.\* **Reishi SAP™** provides antioxidant support.\* All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

**Directions for use: Adults:** Take 1 capsule daily or as directed by your healthcare practitioner. To avoid digestive upset, take with food/meal. **Immune support:** Use for a minimum of 4 weeks to see beneficial effects.

**Note:** Polysaccharide and beta-glucan content may vary from lot to lot. Label shows tested value.

**Contains no:** Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

**Cautions and warnings:** Consult a healthcare practitioner prior to use if you suffer from an immune system disorder or if you are taking immunosuppressants.

**Known adverse reactions:** For use beyond 3 months: Dizziness, irritated skin, nausea and diarrhea have been known to occur; in which case, discontinue use. Hypersensitivity/allergy can occur; in which case, discontinue use.

**Note:** Product is sensitive to humidity and heat; keep in a cool, dry place.

**This product is non-GMO and vegan friendly.**

**Do not use if seal is broken. Keep out of reach of children.**

**Color, size and smell may vary from one lot to another.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Reishi SAP

## Hot-Water Extract

*Ganoderma lucidum*

## DIETARY SUPPLEMENT

[nfh.ca](http://nfh.ca)

**60 CAPSULES**

<b>Supplement Facts</b>	
Serving Size: 1 Capsule	Servings: 60
Amount Per Serving	% Daily Value
Reishi ( <i>Ganoderma lucidum</i> fruiting body), 40% polysaccharides providing 30% beta-glucans	**

**Other ingredients:** Vegetable magnesium stearate in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA BY  
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NFH-1096U

NPN 80046338



V0552-R2

