

Magnesium Citrate SAP™ helps the body to metabolize carbohydrates, proteins, and fats.* **Magnesium Citrate SAP™** helps in the development and maintenance of bones and teeth.* **Magnesium Citrate SAP™** helps in tissue formation and to maintain proper muscle function.*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adolescents 14–18 years and adults: Take 1 capsule twice daily or as directed by your healthcare practitioner.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

Cautions and warnings: Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding.

Do not use if seal is broken. Keep out of reach of children.

Color, size and smell may vary from one lot to another.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



V0262-R2



nfh.ca



Magnesium Citrate SAP

With L-Taurine

DIETARY SUPPLEMENT

90 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings: 90

	Amount Per Serving	% Daily Value
Magnesium (from 850 mg magnesium citrate)	136 mg	**
2-Aminoethanesulfonic acid (taurine)	45 mg	**

** Daily Value not established.

Other ingredients: Vegetable magnesium stearate in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA BY
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
351 RUE JOSEPH-CARRIER, VAUDREUIL, QC J7V 5V5

NPN 80050353
NFH-1091U