

Black Cumin SAP™ supports healthy cholesterol levels, manages symptoms of metabolic syndrome, and maintains optimal cardiovascular health.* **Black Cumin SAP™** promotes antioxidant activity and supports a healthy inflammatory response.* **Black Cumin SAP™** Helps reduce symptoms of allergic rhinitis.*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adults: Take 2 softgels 3 times daily before a meal or as directed by your healthcare practitioner. Take a few hours before or after taking supplements containing iron, zinc, calcium or copper. Consult a healthcare practitioner for use beyond 4 weeks. Use for a minimum of 2 weeks.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

Cautions and warnings: Consult a healthcare practitioner prior to use if you have a known immune disorder. Discontinue use if you experience gastrointestinal upset. If symptoms persist or worsen, discontinue use and consult a healthcare practitioner. Consult a healthcare practitioner if you have hypotension or hypertension and/or are taking antihypertensive agents.

Known adverse reactions: May cause gastrointestinal upset when taken on an empty stomach.

This product is non-GMO.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Black Cumin SAP

Organic Black Cumin Seed Oil

DIETARY SUPPLEMENT

nfh.ca

60 SOFTGELS

Supplement Facts

Serving Size: 2 softgels

Servings: 30

	Amount Per Serving	% Daily Value
Organic black cumin (<i>Nigella sativa</i>) seed oil, 50% linoleic acid – 20% oleic acid	1 g	**

** Daily Value not established.

Other ingredients: Vitamin E (D-alpha-tocopherol; from non-GMO sunflower) in a softgel made of bovine gelatin, glycerin, and purified water.

Store in a cool, dry place, away from heat and sunlight.
Do not use if seal is broken. Keep out of reach of children.
Color, size and smell may vary from one lot to another.

MADE IN CANADA BY
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
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NFH-1089U

NPN 80047518



V0163-R6

