

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (tsp) (10 mL) daily.
Children Ages 7 and older: Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) four times daily.
Children Ages 7 and older: Take 1 teaspoon (5 mL) three times daily.

Not formulated for children under 7 years of age.

If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

- Gluten Free
- Vegan



CONTAINS NO:

Gluten, Dairy, Soy, Peanuts, or Artificial Colors



DIETARY SUPPLEMENT

NET CONTENTS 4 FL OZ (120 mL)



sambucus®

STANDARDIZED
ELDERBERRY



ORIGINAL SYRUP



Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	24	12

Amount per Serving	Age 7+ % DV		Adults % DV	
Calories	15		30	
Total Carbohydrate	4 g	1%†	7 g	3%†
Total Sugars	3 g	**	6 g	**
Includes Added Sugars	3 g	6%†	6 g	12%†
Black Elder (<i>Sambucus nigra</i> L.) Extract (berry) standardized to BioActives® from 3.2 g of premium cultivar elderberries per teaspoon	50 mg	**	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: fructose, purified water, glycerin, malic acid, natural flavor, potassium sorbate (preservative to maintain freshness)

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. To preserve quality and freshness keep tightly sealed in a cool, dry place.

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Bottled and tested in the USA

Questions? 1-800-9NATURE /naturesway.com

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