

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, hypromellose, magnesium stearate, glycerin, brown rice

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not take if you are pregnant or nursing. Do not exceed recommended dose. If you are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Contains no artificial colors.

Aquamin® is a registered trademark of Marigot Limited.

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662.

◆ LN15685.B01 BLK8650B

©2019 Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com



Alive!

Once Daily

Men's
ULTRA POTENCY

**Orchard Fruits™ / Garden Veggies™ &
Daily Greens™ powder blends (80 mg)**

60 TABLETS • Multi-Vitamin Supplement

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Total Carbohydrate	<1 g.....<1%†
Vitamin A (as 50% [675 mcg] beta carotene, 50% [675 mcg] retinyl acetate)	1,350 mcg.....150%
Vitamin C (ascorbic acid)	203 mg.....226%
Vitamin D3 (as cholecalciferol)	50 mcg.....250%
Vitamin E (as D-alpha tocopheryl succinate)	60 mg.....400%
Vitamin K (as phytonadione)	120 mcg.....100%
Thiamin (as thiamin mononitrate)	20 mg.....1,667%
Riboflavin	20 mg.....1,538%
Niacin (as niacinamide)	40 mg.....250%
Vitamin B6 (as pyridoxine HCl)	34 mg.....2,000%
Folate	400 mcg DFE.....100%
	(418 mcg Quatrefolic® brand (6S)-5-methyltetrahydrofolate glucosamine salt)
Vitamin B12 (as methylcobalamin)	40 mcg.....1,667%
Biotin	33 mcg.....110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg.....400%
Choline (as choline bitartrate)	20 mg.....4%
Calcium (from Aquamin® calcified mineral source red algae <i>Lithothamnion</i> sp. [whole plant])	130 mg.....10%
Iodine (as potassium iodide)	150 mcg.....100%
Magnesium (from Aquamin® calcified mineral source red algae <i>Lithothamnion</i> sp. [whole plant] and as magnesium oxide)	55 mg.....13%
Zinc (as zinc oxide)	22 mg.....200%
Selenium (as sodium selenate)	200 mcg.....364%
Copper (as copper sulfate)	1.8 mg.....200%
Manganese (as manganese sulfate)	5.8 mg.....252%
Molybdenum (as sodium molybdate)	45 mcg.....100%
Potassium (as potassium chloride)	5 mg.....<1%
Men's Blend: Saw Palmetto (berry), Lycopene (from Tomato Extract) (1 mg)	101 mg.....**
Orchard Fruits™ & Garden Veggies™ Powder Blend (Blueberry, Orange, Carrot, Pomegranate, Plum, Straw-	60 mg.....**

Amount per Serving	% DV
berry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Energy & Endurance Blend: Eleuthero (root), Rhodiola Extract (root) standardized to 3% rosvains (0.15 mg) and 1% salidroside (0.05 mg), Asian Ginseng Extract (root), Gotu Kola (aerial parts)	30 mg.....**
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract standardized to 50% resveratrol (1 mg), Coenzyme Q10 (Ubiquinone 10)	20 mg.....**
Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine) providing Hesperidin, Naringin, Neohesperidin, Eriodictyol, Flavonols and Flavones	20 mg.....**
Daily Greens™ Blend providing Amino Acids: Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (<i>Aphanizomenon flos-aquei</i>), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass, Nettle (<i>Urtica</i> spp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg.....**
Digestive Enzyme Blend: Concentrated Enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	20 mg.....**
Inositol	20 mg.....**
Mushroom Mycelial & Primordia Biomass Defense Blend (Lentinula edodes), Organic Oyster Mushroom (<i>Pleurotus ostreatus</i>), Organic Enokitake (<i>Flammulina velutipes</i>), Organic Maitake (<i>Grifola frondosa</i>), Organic Yamabushitake (<i>Hericium erinaceus</i>), Organic Agarikon (<i>Fomitopsis officinalis</i>), Organic Chaga (<i>Inonotus obliquus</i>), Organic Himematsutake (<i>Agaricus brasiliensis/biazei</i>), Organic Kawaratake (<i>Trametes versicolor</i>), Organic Mesima (<i>Phellinus linteus</i>), Organic Zhu Ling (<i>Grifola umbellata</i>)	5 mg.....**
Rutin (from <i>Sophora japonica</i>) (flower bud) Extract	500 mcg.....**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.