

**PREMIUM
FORMULA**



Gluten Free • No Gelatin

Alive!

**Multi-Vitamin
ADULT GUMMIES**

**Orchard Fruits™ / Garden Veggies™
powder blend (200 mg per serving)**

COMPLETE MULTI-VITAMIN SUPPLEMENT 90 GUMMIES

Recommendation: Adults/children 9 years of age and older, chew 3 gummies daily. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. **Keep out of reach of children.**

Supplement Facts

Serving Size 3 Gummies
Servings per Container 30

Amount per Serving	% DV
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Calories	25	
Total Carbohydrate	6 g	2%†
Total Sugars	4 g	**
Includes 3 g Added Sugars	6%†	
Vitamin A (as retinyl palmitate)	900 mcg	100%
Vitamin C (ascorbic acid)	112.5 mg	125%
Vitamin D3 (as cholecalciferol)	30 mcg	150%
Vitamin E (as d-alpha tocopheryl acetate)	11.2 mg	75%
Thiamin (as thiamin HCl)	600 mcg	50%
Riboflavin	650 mcg	50%
Niacin (as niacinamide)	8 mg	50%
Vitamin B6 (as pyridoxine HCl)	2.55 mg	150%
Folate	400 mcg DFE	100%
	(240 mcg Folic Acid)	

Amount per Serving	% DV
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Vitamin B12 (as cyanocobalamin)	4.8 mcg	200%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	5 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	5.5 mg	50%
Sodium	20 mg	1%
Orchard Fruits™ & Garden Veggies™ Powder Blend	200 mg	**
Orange, Blueberry, Carrot, Plum, Pomegranate, Straw- berry, Pear, Apple, Beet, Raspberry, Pineapple, Pump- kin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açaí, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach		
Inositol	40 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: organic tapioca syrup, cane sugar, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors, coconut oil, beeswax

Our formulations have been optimized to follow the new FDA regulations. Therefore, our labels may look different now. New FDA regulations are bringing changes to the supplement facts panels, including updated daily values, changes to units of measure and more. To learn more, visit [FDA.gov/Food](https://www.fda.gov/Food).