

50 TABLETS • DIETARY SUPPLEMENT

MULTI-VITAMIN • MULTI-MINERAL
Orchard Fruits™/Garden Veggies™
powder blend (100 mg)

WOMEN'S ENERGY

Alive!



Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta carotene)	100%
Vitamin C (ascorbic acid)	100%
Vitamin D3 (as cholecalciferol)	250%
Vitamin E (as dl-alpha tocopheryl acetate)	100%
Vitamin K (as phytonadione)	100%
Thiamin (as thiamin mononitrate)	200%
Niacin (as niacinamide)	100%
Vitamin B6 (as pyridoxine HCl)	250%
Folate (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	500%
Biotin	100%
Pantothenic Acid (as D-calcium pantothenate)	150%

Amount per Serving	% DV
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	260 mg 20%
Iron (as ferrous fumarate)	18 mg 100%
Iodine (as potassium iodide)	150 mcg 100%
Magnesium (as magnesium oxide)	50 mg 12%
Zinc (as zinc oxide)	11 mg 100%
Selenium (as sodium selenate)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%

Other Ingredients: Cellulose, Sodium Croscarmellose, Stearic Acid, Hydroxypropyl Cellulose, Magnesium Stearate, Hypromellose, Polydextrose, Titanium Dioxide Color, Silica, Talc, Medium Chain Triglycerides, Carmine Color	100 mg
Boron (as sodium borate)	150 mcg **
Lutein (from Aztec Marigold Extract) (flower)	100 mcg **

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, talc, medium chain triglycerides, carmine color

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

©2019 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 USA

Questions? 1-800-9NATURE / feelalive.com

LN60195.F02 BLK8586F

43011T403 09/2021