

50 TABLETS • DIETARY SUPPLEMENT

MULTI-VITAMIN • MULTI-MINERAL
Orchard Fruits™/Garden Veggies™
powder blend (100 mg)

WOMEN'S 50+

Alive!

Nature's
Way

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Amount per Serving	% DV
Vitamin A (as 70% 900 mcg [630 mcg] retinyl acetate and 30% [270 mcg] beta carotene)	100%
Vitamin C (ascorbic acid)	150%
Vitamin D3 (as cholecalciferol)	250%
Vitamin E (as dl-alpha tocopheryl acetate)	100%
Vitamin K (as phytonadione)	100%
Thiamin (as thiamin mononitrate)	300%
Riboflavin	200%
Niacin (as niacinamide)	100%
Vitamin B6 (as pyridoxine HCl)	300%
Folate (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	1,667%
Biotin	100%
Pantothenic Acid (as D-calcium pantothenate)	150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	20%

Amount per Serving	% DV
Iodine (as potassium iodide)	100%
Magnesium (as magnesium oxide)	12%
Zinc (as zinc oxide)	150%
Selenium (as sodium selenate)	100%
Copper (as copper sulfate)	100%
Manganese (as manganese sulfate)	200%
Molybdenum (as sodium molybdate)	100%

Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Pear, Tomato, Raspberry, Broccoli, Cherry, Spinach, Cauliflower, Grape, Açai, Asparagus, Banana, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Pineapple, Pumpkin	100 mg
Lutein (from Aztec Marigold Extract) (flower)	300 mcg
Boron (sodium borate)	150 mcg

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, stearic acid, hydroxypropyl cellulose, magnesium stearate, hypromellose, polydextrose, titanium dioxide color, silica, talc, medium chain triglycerides, carmine color

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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Questions? 1-800-9NATURE / feelalive.com

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