

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# ADVANCED B-12 COMPLEX™

**5 MG • 60 LOZENGES**

## Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	%DV
Folate (as folic acid)	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as methylcobalamin, hydroxocobalamin, and dibenzoyl)	5 mg	208,333%

Other ingredients: sorbitol, mannitol, natural cherry flavor, stearic acid, and magnesium stearate.

**ADVANCED B-12 COMPLEX™** combines the two active, coenzymated forms of B-12 – methylcobalamin and adenosylcobalamin (dibenzoyl) – with hydroxocobalamin, a form that is transported throughout the body in the bloodstream. Vitamin B-12 is required for nerve and brain health, and for healthy red blood cells. It also works together with folate to maintain normal levels of homocysteine. Coenzyme supplementation reduces the body's need to synthesize the active forms of vitamin B-12 from the synthetic form, cyanocobalamin.\*

**Suggested Use:** 1 lozenge daily. For best results, allow to dissolve in the mouth before swallowing.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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