

**TOTAL HUMAN™ DAY PACK**

Suggested Use: Adults, as a dietary supplement, take one day packet in the morning or early afternoon, preferably with a light meal. Consult a medical doctor before taking this or any other nutritional supplement if you have or suspect a medical condition, or are taking any medications. Do not use if you are pregnant or nursing. Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.**

Supplement Facts

Supplement Facts			Total Amount Per Container*	
Serving Size: 1 Packet			Amount Per Serving	
Servings Per Container: 7.5			100% DV	
Dose/Conc.				
Serving Size	Amount Per Serving	%DV		
1 Packet (1.5g)	22 mg (mg)	44%		
What's In It?				
Vitamin D3 (as Cholecalciferol)				
Vitamin D3 (as Cholecalciferol)				
Copper (as Cuprous Glycinate Diolate (TRACAPS))				
Magnesium (as Magnesium Glycinate Diolate (TRACAPS))				
Manganese (as Manganese Glycinate Diolate (TRACAPS))				
Selenium				
Black Pepper (as Extract (BioPerine®))				
Cinnamon (as Cinnamyl)				
Other Ingredients: Vegetarian Capsule (Hydroxypropyl Methylcellulose, Water, Rice Concentrate, Croscarmellose Gum, Polyethylene Glycol, and Sulfur Dioxide)				
Alpha BERRY®				
Serving Size	Amount Per Serving	%DV		
1 Packet (1.5g)	8 mg (mg)	160%		
What's In It?				
Oxal Acid Base†				
Oxal Acid Base†				
Citric Acid, Sodium Citrate, Citric Acid, Phosphoric Acid				
Citric Acid, Sodium Citrate, Citric Acid, Phosphoric Acid				
Oxal Focac Base†				
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¹THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

TOTAL HUMAN™ NIGHT PACK

Suggested Use: As a dietary supplement, take 1 packet in the evening prior to sleep, preferably with a light meal or snack. Consult a medical doctor before taking this or any other dietary supplement if you are pregnant, nursing, have or suspect a medical condition or are taking any medications. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.

Supplement Facts

[illegible]

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