

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

**BIOTIN**

**5,000 MCG • 120 TABLETS**



## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Biotin	5,000 mcg	16,667%

Other ingredients: microcrystalline cellulose, stearic acid, and magnesium stearate.

Biotin is a water soluble vitamin required by our bodies to maintain healthy hair and skin. Its involvement as a coenzyme in carbohydrate, protein and fat metabolism also supports our metabolic processes that burn fuel and produce energy, as well as supporting normal functioning of the nervous system.\*

**Suggested Use:** 1 tablet daily.

**CAUTION:** High doses of biotin may interfere with certain laboratory tests. Before undergoing laboratory testing, discontinue use for at least one week and inform your health care professional. If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:  
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