

Facts & Use

Suggested Use: As a dietary supplement, take up to two scoops per serving mixed with eight ounces of water or your favorite beverage.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have, or suspect a medical condition or are taking any medications. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRU ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE. OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 2 Scoops (5 g) Servings Per Container 30

Amount Pe	r Serving	%DV
Micronized Creatine Monohydrate	5 g	

Other Ingredients: None