



# SUPPLEMENT FACTS

Serving Size 2 Scoops (8 g)

Servings Per Container 30

|                                                                               | Amount Per Scoop |  | %DV  | Amount Per 2 Scoops |  | %DV |
|-------------------------------------------------------------------------------|------------------|--|------|---------------------|--|-----|
| Calories                                                                      | 5                |  |      | 10                  |  |     |
| Magnesium (as Magnesium Citrate)                                              | 7.5 mg           |  | 2%   | 15 mg               |  | 4%  |
| Chloride (as Sodium Chloride)                                                 | 76 mg            |  | 3.5% | 152 mg              |  | 7%  |
| Sodium (as Sodium Chloride)                                                   | 50 mg            |  | 2%   | 100 mg              |  | 4%  |
| Potassium (as Potassium Citrate)                                              | 24 mg            |  | < 1% | 48 mg               |  | 1%  |
| Creatine Monohydrate                                                          | 2500 mg          |  | †    | 5000 mg             |  | †   |
| Astrolyte™ Electrolyte Blend                                                  | 500 mg           |  | †    | 1000 mg             |  | †   |
| Fructooligosaccharides, Sodium Chloride, Potassium Citrate, Magnesium Citrate |                  |  |      |                     |  |     |

† Daily Value (DV) not established