

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

*See carton for related information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information:

1-888-462-2548

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Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222



GNC

PREVENTIVE NUTRITION®

Enhanced Sleep FORMULA

**PHYSICIAN FORMULATED
NUTRITION SOLUTIONS**

- Features premium, clinically studied ingredients that support restful sleep*
- Provides extended sleep support with sustained release melatonin*

**DIETARY SUPPLEMENT
60 CAPSULES**



CODE 714512

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Directions: As a dietary supplement, take two capsules before bedtime.

Supplement Facts

Serving Size Two Capsules

Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	30 mg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	2 mg	100%
Folic Acid (as Folic Acid and 5-Methyltetrahydrofolate)	100 mcg	25%
Magnesium (as Magnesium Aspartate)	20 mg	5%
Zinc (as Amino Acid Chelate)	10 mg	67%

Amount Per Serving	% Daily Value
Calmind & Relaxation Complex	
L-Theanine	200 mg *
Valerian Root Powder (Valeriana officinalis), Lemon Balm Extract (Melissa officinalis) and Passion Flower Herb Powder (Passiflora incarnata)	200 mg *
Sleep Inducing Blend	
GABA (gamma-Aminobutyric Acid)	200 mg *
Melatonin (as Regular and Sustained Release)	5 mg *
Antioxidant Replenishment System	
alpha-Lipoic Acid	25 mg *
Setria™ L-Glutathione	25 mg *
Circulation Optimizing Blend	
resliida® trans-Resveratrol	30 mg *

* Daily Value not established.

Other Ingredients: Gelatin, Cellulose, L-Arginine, Titanium Dioxide (Natural Mineral Whitener), FD&C Blue #1.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Artificial Flavors, No Wheat, No Gluten, No Soy, No Dairy.

Lot No /Best By: