

**SOURCE NATURALS®**



DIETARY SUPPLEMENT

# GLUCOSAMINE CHONDROITIN COMPLEX WITH MSM

PROMOTES HEALTHY JOINTS  
AND CONNECTIVE TISSUES\*

120 TABLETS

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container 40

|                                               | Amount Per Serving | %DV  |
|-----------------------------------------------|--------------------|------|
| Calories                                      | 15                 |      |
| Total Carbohydrate                            | 1 g                | <1%* |
| Vitamin C (as ascorbic acid)                  | 250 mg             | 417% |
| Molybdenum (as molybdenum amino acid complex) | 320 mcg            | 427% |
| Sodium                                        | 30 mg              | 1%*  |
| Glucosamine (as glucosamine sulfate KCl)      | 1.5 g              | †    |
| Chondroitin Sulfate Complex                   | 1.2 g              | †    |
| MSM (methylsulfonylmethane [OptiMSM®])        | 800 mg             | †    |

\*Percent Daily Values (%DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

Other ingredients: stearic acid, modified cellulose gum, and silica.

Contains shellfish (shrimp, crab, and lobster).

Suggested Use: 3 tablets daily with meals.

**WARNING:** If you are pregnant, may become pregnant, breast-feeding, or regularly taking any drug such as acetaminophen, warfarin (Coumadin®), or heparin, consult your health care professional before using this product.

Source Naturals **GLUCOSAMINE CHONDROITIN COMPLEX WITH MSM** provides four important building blocks for healthy joints and connective tissues: glucosamine, chondroitin, bioavailable sulfur (MSM), and vitamin C. Glucosamine, an amino sugar, is an essential structural component of glycosaminoglycans, large linear molecules that help to lubricate joints. Chondroitin sulfate lends additional structural support via its high degree of interaction of collagen fibers. Bioavailable sulfur (MSM) plays a critical role in the integrity of joints and connective tissues. Vitamin C, essential for the production of collagen, also serves as an effective free radical scavenger to protect cells. Molybdenum aids in complete metabolism of MSM, glucosamine, and chondroitin.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no preservatives, or artificial color, flavor or fragrance.

**OptiMSM®**

is a registered trademark of Bergstrom Nutrition.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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FG-100637 BEST IF USED BY 7 23

Manufactured for:  
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