

SOURCE NATURALS®



DIETARY SUPPLEMENT

FLAX SEED- PRIMROSE OIL

OMEGA 3,6,9 EFA COMPLEX

1,300 MG • 180 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 90

	Amount Per Serving	%DV
Calories	25	
Total Fat	2.5 g	3%*
Flaxseed/Evening Primrose Seed Oil Complex	2.6 g	†
Yielding <i>omega</i> -3, <i>omega</i> -6 & <i>omega</i> -9 fatty acids:		
<i>alpha</i> -Linolenic Acid (ALA)	704 mg	†
Linoleic Acid	676 mg	†
Oleic Acid	208 mg	†
<i>gamma</i> -Linolenic Acid (GLA)	76 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels twice daily with meals.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Source Naturals **FLAXSEED-PRIMROSE OIL** provides *omega*-3, *omega*-6, and *omega*-9 essential fatty acids (EFAs). EFAs act as precursors to molecules such as prostaglandins, thromboxanes and leukotrienes, which help regulate cellular function. EFAs have been shown to play a role in blood pressure maintenance, sustaining healthy skin and providing nutritional support during women's cycles. Flaxseed oil, a vegetable source of *alpha*-linolenic acid (ALA), and evening primrose oil, a natural source of *gamma*-linolenic acid (GLA), provide a potent combination of EFAs.*

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN1143 REV L193

FG-101903 BEST IF USED BY 10 22

Manufactured for:
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