



Directions: Mix 1 scoop (14.5g*) powder into 8 to 10 fl. oz. of water. Best when used with a blender bottle.

Formulated without: Gluten

*14.5g per scoop is an average. Individual scooping technique may yield slightly less than or slightly more than 14.5g.

Warnings: Keep out of reach of children. Consult a medical doctor before taking this supplement, starting a diet, an exercise program, or if you have a medical condition. Do not use if you are pregnant or nursing.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

This product is packaged and sold by weight, not by volume.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



DIETARY SUPPLEMENT

BCAA & ELECTROLYTES

SUPPORTS MUSCLE RECOVERY AND HYDRATION*

MANGO
NATURALLY AND ARTIFICIALLY FLAVORED

NET WT 15.34 OZ (435 G)

Supplement Facts

Serving Size 1 scoop (14.5g*)
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	3g	1%**
Vitamin B6 (as Pyridoxine Hydrochloride)	0.7mg	41%
Chloride (as Potassium Chloride, Sodium Chloride)	330mg	14%
Sodium (as Trisodium Citrate Dihydrate, Sodium Chloride)	230mg	10%
Potassium (as Potassium Chloride)	200mg	4%
Branched Chain Amino Acid Blend (BCAA)	7g	†
L-Leucine	3.5g	†
L-Isoleucine	1.75g	†
L-Valine	1.75g	†
L-Glutamine	2.5g	†
Citrulline Malate (1:1)	1g	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Malic Acid, Silicon Dioxide, Sucralose, Acesulfame Potassium, Guar Gum, Inulin, FD&C Yellow #6, and FD&C Yellow #5.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Sierra Fit® is a registered trademark of Madre Labs, LLC

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