

ALA R+ SAP™ supports the naturally occurring active R(+) form of lipoic acid, the only antioxidant that is both fat- and water-soluble.* As a potent whole-body antioxidant blended with biotin, **ALA R+ SAP™** promotes optimal glutathione and antioxidant status, supports liver health, and regulates glucose metabolism.* All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity. **Directions for use: Adults:** Take 1 capsule three times daily or as directed by your healthcare practitioner.

Duration of use: Consult a healthcare practitioner for use beyond 3 months.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

Cautions and warnings: Do not exceed recommended dose. Discontinue use if you have any symptoms of gastric distress (abdominal pain, flatulence, or constipation). Consult a healthcare practitioner prior to use if you are pregnant or breast-feeding; or if you have diabetes. Discontinue use and consult a healthcare practitioner in case of sweating, paleness, chills, headache, dizziness, and/or confusion, as these may be symptoms of serious low blood sugar.

This product is non-GMO and vegan friendly.

Do not use if seal is broken. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ALA R+ SAP

Antioxidant support*

DIETARY SUPPLEMENT

nfh.ca

90 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings: 90

	Amount Per Serving	% Daily Value
Biotin	50 mcg	167%
R-alpha-Lipoic acid [alpha-lipoic acid R(+)]	150 mg	**

** Daily Value not established.

Other ingredients: Vegetable magnesium stearate, microcrystalline cellulose and silicon dioxide in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA BY NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
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