

SOURCE NATURALS®



DIETARY SUPPLEMENT

SUPERIOR BIOACTIVITY*

**CCM
CALCIUM™**

CALCIUM CITRATE AND MALATE

300 MG • 120 TABLETS

Supplement Facts

Serving Size 4 Tablets
Serving Per Container 30

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	4 g	1%*
Calcium (as calcium citrate & calcium malate)	1,200 mg	92%
Sodium	5 mg	<1%

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other ingredients: stearic acid, acacia gum, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 1 to 4 tablets daily, before going to bed or with a meal.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

CCM CALCIUM™ is preferably taken at night, but may also be taken during the day with meals. While research indicates that our daily intake of food usually maintains adequate calcium levels, it may not be sufficient to last throughout the night. Therefore, taking calcium supplements at bedtime offers added support until breakfast. In recent scientific studies with post-menopausal women and young children, a specific combination of calcium citrate and calcium malate was found to be more beneficial for bone tissue than other forms of calcium. This is because calcium citrate and malate are among the most bioactive forms available, offering superior absorption and utilization.*

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FG-106284 BEST IF USED BY 7 24

Manufactured for:
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