

Super
Nutrition

SimplyOne®
Chewable

50+ Women

MULTIVITAMIN + SUPPORTING HERBS

IMMUNE
SUPPORT*

ENERGY
PRODUCTION*

3,000 IU
VITAMIN D3

WILD-BERRY
FLAVOR

90
CHEWABLES

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Chewable Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	750 mcg	83%
Vitamin C (as Sodium Ascorbate and Ascorbic Acid)	150 mg	167%
Vitamin D-3 (as Cholecalciferol)	75 mcg (3,000 IU)	375%
Vitamin E (as d-alpha Tocopheryl Succinate)	10 mg	67%
Vitamin K (as Phytonadione K-1)	80 mcg	67%
Thiamin (Vitamin B-1) (from Thiamin Mononitrate)	2 mg	167%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (Vitamin B-3) (as Niacinamide)	15 mg	94%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate	340 mcg DFE (200 mcg folic acid)	85%
Vitamin B-12 (as Methylcobalamin)	30 mcg	1250%
Biotin	375 mcg	1250%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	2.5 mg	50%
Choline (from Choline Bitartrate)	5 mg	1%
Calcium (from Calcium Carbonate)	50 mg	4%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide)	18 mg	4%
Zinc (from Zinc Oxide)	2.5 mg	23%
Selenium (as Sodium Selenite)	20 mcg	36%
Manganese (from Manganese Sulfate)	1.5 mg	65%
Chromium (from Chromium Nicotinate Glycinate Chelate)	30 mcg	86%
Inositol	5 mg	†
Organic Ginger (<i>Zingiber officinale</i>) (Root)	2.5 mg	†

Organic Turmeric (<i>Curcuma longa</i>) (Root)	2.5 mg	†
Organic Herb Blend	400 mg	†
[Cranberry (Fruit), Red Raspberry (Leaf), Red Clover (Blossom), Chaste Tree (Berry)]		

† Daily Value not established.

Other ingredients: Xylitol, Stearic Acid (vegetable source), Natural Mixed Berry Flavor, Silicon Dioxide, Monk Fruit Extract, Medium-Chain Triglycerides, Magnesium Stearate (vegetable source).

Vitamin E from soy.

Medium-Chain Triglycerides from coconut/palm kernel oil.

Formulated & Distributed by SuperNutrition
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
SuperNutritionUSA.com

Suggested Usage: Take 1 chewable daily with a meal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Not intended for pregnant/nursing women. Consult physician if taking medication or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets. This product contains Biotin which may interfere with some blood test results.

Store in a cool, dry place after opening.



CODE SU286
V4

FAMILY OWNED AND OPERATED SINCE 1977!