

Super
Nutrition®

Perfect Family

MULTIVITAMIN WITH SUPER GREENS & HERBS



BONE
SUPPORT*

ENERGY
PRODUCTION*

HIGH
POTENCY

IRON FREE

240
TABLETS

A DIETARY SUPPLEMENT

Suggested Usage: Take 2 tablets twice daily with food.

Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin A (71% as beta-carotene and 29% as retinyl palmitate)	5100 mcg	567%
Vitamin C (as ascorbic acid)	1000 mg	1111%
Vitamin D (as D3, cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	268 mg	1767%
Vitamin K (as K1, phytonadione)	80 mcg	67%
Thiamin (as thiamine HCl)	68 mg	566%
Riboflavin	60 mg	4615%
Niacin (as nicotinic acid)	100 mg	825%
Vitamin B6 (as pyridoxine HCl)	68 mg	588%
Folate (1000 mcg Folic Acid)	1700 mcg DFE	425%
Vitamin B12 (as cyanocobalamin)	200 mcg	8333%
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	150 mg	3000%
Choline (as choline bitartrate)	150 mg	27%
Calcium (as calcium carbonate and calcium citrate)	500 mg	38%
Iodine (from kelp)	225 mcg	150%
Magnesium (as magnesium oxide and magnesium glycinate)	300 mg	71%
Zinc (as zinc oxide and zinc citrate)	30 mg	273%
Selenium (as sodium selenite)	200 mcg	364%
Copper (as copper glycinate)	2 mg	222%
Manganese (as manganese sulfate and manganese citrate)	10 mg	435%
Chromium (as chromium picolinate)	200 mcg	571%

Other Ingredients: Microcrystalline Cellulose, Stearic Acid (Vegetable Source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Vegetable-Based Coating, and Natural Flavor.

CONTAINS: Soy

Not manufactured with milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Caution: For adults only. Keep out of reach of children. Not intended for pregnant/nursing women. Consult with a qualified healthcare professional if you are taking medication or have a medical condition. This product contains Biotin which may interfere with some blood test results.

Store in a cool, dry place.

Serving Size 4 Tablets
Servings Per Container 60

	Amount Per Serving	% Daily Value
Molybdenum (as molybdenum trioxide)	150 mcg	333%
Potassium (as potassium chloride and potassium succinate)	99 mg	2%
Botanical Blend	1000 mg	†
Atractylodes (root), Rehmannia (root), Organic Ginger (root), Gotu Kola (bark), Organic Licorice (root), Pau d' Arco (bark), Organic Astragalus (root), Codonopsis (root), Organic Dandelion (root), Eleuthero (stem/root), Fo-Ti (root), Organic Marshmallow (root), Organic Nettles (leaf), Schizandra (root), Suma (stem)		
Green Blend	1000 mg	†
Organic Alfalfa Leaf, Organic Chlorella, Organic Irish Moss, Organic Spirulina		
Betaine (as betaine HCl)	125 mg	†
Ginkgo biloba Leaf Extract	60 mg	†
L-Phenylalanine	45 mg	†
GLA (gamma-linolenic acid from borage seed oil)	40 mg	†
Citrus Bioflavonoids (from lemon fruit)	25 mg	†
Inositol	25 mg	†
DMG (dimethylglycine)	10 mg	†
Glutamic Acid (as glutamic acid HCl)	5 mg	†
Hesperidin (from citrus)	5 mg	†
L-Tyrosine	5 mg	†
Mixed Tocopherols (d-gamma, d-delta, d-alpha, d-beta)	5 mg	†
Rutin	5 mg	†
Boron (from boron Krebs)	3 mg	†

† Daily Value not established.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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