

Suggested Usage: Take 1 capsule daily, with or without food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

Ashwagandha

Root Extract

450mg

Ayurvedic Adaptogen*

Formulated to Contain

NO Gluten
NO GMOs
NO Soy

180 Veggie Capsules

Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 180

	Amount Per Serving	% Daily Value
Ashwagandha Extract (<i>Withania somnifera</i>) (root)	450 mg	†

†Daily Value not established.

Other Ingredients: Modified Cellulose (Capsule), Rice Flour, Non-GMO Maltodextrin, and Magnesium Stearate.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.