equate™

Compare to One A Day® Women's 50+ Healthy Advantage¹

One Daily™

WOMEN'S 50+

Dietary Supplement

May Support:

- Heart Health*
- Immune Health*
- Bone Health*
- Joint Health*

65 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A 1,050 mcg	117%	Biotin 30 mcg	100%
(20% as beta-carote		Pantothenic Acid 15 mg	300%
Vitamin C 120 mg	133%	Calcium 300 mg	23%
Vitamin D ₃ 25 mcg (1		lodine 150 mcg	100%
Vitamin E 13.5 mg	90%	Magnesium 50 mg	12%
Vitamin K 20 mcg	17%	Zinc 24 mg	218%
Thiamine 4.5 mg	375%		
Riboflavin 3.4 mg	262%	Selenium 27 mcg	49%
Niacin 20 mg	125%	Copper 2.2 mg	244%
Vitamin B ₆ 6 mg	353%	Manganese 4.2 mg	183%
Folate 680 mcg DFE	170%	Chromium 180 mcg	514%
(400 mcg folic acid)	11070	Molybdenum 90 mcg	200%
Vitamin B ₁₂ 25 mcg	1,042%		

INGREDIENTS: CALCIUM CARBONATE, DICALCIUM PHOSPHATE, ASCORBIC ACID, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, CARBOXYMETHYLCELLULOSE SODIUM. CONTAINS 2% OR LESS OF BETA-CAROTENE, BHT, BIOTIN, CARNAUBA WAX, CHOLECALCIFEROL, CHROMIUM CHLORIDE, CROSPOVIDONE, CUPRIC OXIDE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DEXTROSE, DL-ALPHA TOCOPHEROL, DL-ALPHA TOCOPHERYL ACETATE, FD&C BLUE NO. 2 LAKE, FD&C YELLOW NO. 5 LAKE – TARTRAZINE, FD&C YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NATURAL MIXED TOCOPHEROLS, NIACINAMIDE, PHYTONADIONE, POLYDEXTROSE, POLYETHYLENE GLYCOL, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE. RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE.

SODIUM BENZOATE, SODIUM MOLYBDATE, SODIUM SELENATE, SORBIC ACID, STARCH, STEARIC ACID, SUGAR, TARTARIC ACID, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TRICALCIUM PHOSPHATE, ZINC OXIDE.

MAY CONTAÍN POLYVINYL ALCOHOL, SODIUM SELENITE, SUNFLOWER OIL, TALC, TOCOPHEROLS.

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716

†One A Day® is a registered trademark of Bayer HealthCare LLC.

Contains FD&C Yellow No. 5 Lake – Tartrazine as a color additive.

SUGGESTED USE: Adults - One tablet daily with food as a dietary supplement.

KEEP OUT OF REACH OF CHILDREN. Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product. Discontinue use and consult your doctor if any adverse reactions occur.

NO GLUTEN • NO LACTOSE

FOR YOUR PROTECTION, DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

A balanced multivitamin with key nutrients that may support the health of women 50+.*

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.







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