

equate™

Compare to
One A Day®
Men's Health
Formula†

One Daily™

MEN'S HEALTH*

Multivitamin/Multimineral Supplement

One Daily Men's is formulated
to help support:

- Heart health with Vitamins B₆, B₁₂, and Folic Acid*
- Immune health with Vitamins A, C and E*
- Energy levels with B Vitamins*

200
TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Total Carbohydrate < 1 g	< 1% **
Vitamin A (14% as beta-carotene) 1050 mcg	117%
Vitamin C 60 mg	67%
Vitamin D ₃ 17.5 mcg (700 IU)	88%
Vitamin E 10.1 mg	67%
Vitamin K 20 mcg	17%
Thiamin 1.35 mg	113%
Riboflavin 1.7 mg	131%
Niacin 18 mg	113%
Vitamin B ₆ 3 mg	176%
Folate 680 mcg DFE (400 mcg folic acid)	170%
Vitamin B ₁₂ 18 mcg	750%
Biotin 75 mcg	250%
Pantothenic Acid 16 mg	320%
Calcium 210 mg	16%
Magnesium 140 mg	33%
Zinc 15 mg	136%
Selenium 110 mcg	200%
Copper 2 mg	222%
Manganese 2 mg	87%
Chromium 120 mcg	343%
Lycopene 300 mcg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

INGREDIENTS: CALCIUM CARBONATE, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, SORBITOL, STARCH, ASCORBIC ACID, MALTODEXTRIN, SODIUM STARCH GLYCOLATE. CONTAINS 2% OR LESS OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN,

PHYTYLMETHYLCELLULOSE SODIUM, CHOLECALCIFEROL, CHROMIUM CHLORIDE, CUPRIC OXIDE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DL-ALPHA TOCOPHEROL, DL-ALPHA TOCOPHERYL ACETATE, DL-TARTARIC ACID, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LYCOPENE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYVINYL ALCOHOL, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM BENZOATE, SODIUM SELENITE, SORBIC ACID, SUCROSE, SUNFLOWER OIL, THIAMINE MONONITRATE, TOCOPHEROLS, TRICALCIUM PHOSPHATE, ZINC OXIDE.

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716

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†This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark One A Day®.

Directions: Adults – One tablet daily with food as a dietary supplement.

Keep out of reach of children.

Store at 15° - 30°C (59° - 86°F).

Warning: Individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product.

NO ARTIFICIAL COLORS OR FLAVORS • NO GLUTEN • NO LACTOSE



Satisfaction guaranteed – Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call **1-888-287-1915**.

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MISSING.**

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