

Brain Health\*

Eye Health\*

Bone Health\*

Heart Health\*

Compare to Centrum® Silver® Women 50+\*

# Complete Multivitamin

**WOMEN 50+**

Multivitamin/Multimineral Supplement

Easy to Swallow Tablets

\*B-Vitamins and Zinc may help support normal brain function through their roles in carbohydrate metabolism.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

200 TABLETS

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716  
PRODUCT OF CHINA  
\*This product is not manufactured or distributed by Wyeth Holdings LLC, owner of the registered trademarks Centrum® Silver®.

Directions: Adults – One tablet daily with food as a dietary supplement.

KEEP OUT OF REACH OF CHILDREN. Store at 15°– 30°C (59°– 86°F).

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Calcium and vitamin D<sub>3</sub> may help maintain strong bones.\*  
Key antioxidants for immune support.\*  
B vitamins may help promote energy levels.\*  
Lutein and vitamins A, C and E may help support vision.\*

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NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE  
DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

Satisfaction guaranteed – Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.

Discard Seal, Empty & Replace Cap

how2recycle.info

PLASTIC BOTTLE

655913

6 81131 11973 3

14288 51876 00187502

Directions: Adults – One tablet daily with food as a dietary supplement.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                         | % DV   | Amount Per Serving | % DV |
|--------------------------------------------|--------|--------------------|------|
| Vitamin A 1,050 mcg (43% as beta-carotene) | 117%   | Phosphorus 20 mg   | 2%   |
| Vitamin C 100 mg                           | 111%   | Iodine 150 mcg     | 100% |
| Vitamin D <sub>3</sub> 25 mcg (1000 IU)    | 125%   | Magnesium 100 mg   | 24%  |
| Vitamin E 15.7 mg                          | 105%   | Zinc 15 mg         | 136% |
| Vitamin K 50 mcg                           | 42%    | Selenium 22 mcg    | 40%  |
| Thiamine 1.1 mg                            | 92%    | Copper 0.5 mg      | 56%  |
| Riboflavin 1.1 mg                          | 85%    | Manganese 2.3 mg   | 100% |
| Niacin 14 mg                               | 88%    | Chromium 52 mcg    | 149% |
| Vitamin B <sub>6</sub> 5 mg                | 294%   | Molybdenum 50 mcg  | 111% |
| Folate 680 mcg DFE (400 mcg folic acid)    | 170%   | Chloride 72 mg     | 3%   |
| Vitamin B <sub>12</sub> 50 mcg             | 2,083% | Potassium 80 mg    | 2%   |
| Biotin 30 mcg                              | 100%   | Silicon 2 mg       | **   |
| Pantothenic Acid 5 mg                      | 100%   | Vanadium 10 mcg    | **   |
| Calcium 300 mg                             | 23%    | Lutein 300 mcg     | **   |
| Iron 8 mg                                  | 44%    |                    |      |

\*\*Daily Value (DV) not established.

**INGREDIENTS:** CALCIUM CARBONATE, MAGNESIUM OXIDE, POTASSIUM CHLORIDE, ASCORBIC ACID, DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, STARCH, MALTODEXTRIN. CONTAINS 2% OR LESS OF BETA-CAROTENE, BHT, BIOTIN, CARBOXYMETHYLCELLULOSE SODIUM, CHOLECALCIFEROL, CHROMIUM PICOLINATE, CUPRIC SULFATE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, *DL*-ALPHA TOCOPHEROL, *DL*-ALPHA TOCOPHERYL ACETATE, DL-TARTARIC ACID, FD&C BLUE NO. 2 LAKE, FD&C RED NO. 40 LAKE, FD&C YELLOW NO. 6 LAKE, FERROUS FUMARATE, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LUTEIN, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYDEXTROSE, POLYETHYLENE GLYCOL, POLYVINYL ALCOHOL, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM METAVANADATE, SODIUM MOLYBDATE, SODIUM SELENITE, SUGAR, SUNFLOWER OIL, TALC, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TOCOPHEROL CONCENTRATE, TRICALCIUM PHOSPHATE, ZINC OXIDE.