

VALUE SIZE

equate™

Compare
to Centrum®
Adults†

Complete Multivitamin

ADULTS

Multivitamin/Multimineral
Supplement

Complete with
29 Nutrients

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

500
TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 1,050 mcg	117%	Phosphorus 20 mg	2%
(29% as beta-carotene)		Iodine 150 mcg	100%
Vitamin C 60 mg	67%	Magnesium 50 mg	12%
Vitamin D ₃ 25 mcg (1000 IU)	125%	Zinc 11 mg	100%
Vitamin E 13.5 mg	90%	Selenium 55 mcg	100%
Vitamin K 25 mcg	21%	Copper 0.5 mg	56%
Thiamine 1.5 mg	125%	Manganese 2.3 mg	100%
Riboflavin 1.7 mg	131%	Chromium 35 mcg	100%
Niacin 20 mg	125%	Molybdenum 45 mcg	100%
Vitamin B ₆ 2 mg	118%	Chloride 72 mg	3%
Folate 680 mcg DFE	170%	Potassium 80 mg	2%
(400 mcg folic acid)			
Vitamin B ₁₂ 6 mcg	250%	Silicon 2 mg	**
Biotin 30 mcg	100%	Tin 10 mcg	**
Pantothenic Acid 10 mg	200%	Vanadium 10 mcg	**
Calcium 200 mg	15%		
Iron 18 mg	100%		

**Daily Value (DV) not established.

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, MICROCRYSTALLINE CELLULOSE, ASCORBIC ACID, FERROUS FUMARATE, MALTODEXTRIN. CONTAINS 2% OR LESS OF BETA-CAROTENE, BHT, BIOTIN, CARBOXYMETHYLCCELLULOSE SODIUM, CHOLECALCIFEROL, CHROMIUM PICOLINATE, COPPER SULFATE, CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DL-ALPHA-TOCOPHEROL, DL-ALPHA-TOCOPHERYL ACETATE, DL-TARTARIC ACID, FD&C BLUE NO. 2 LAKE, FD&C RED NO. 40 LAKE, FERRIC YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCCELLULOSE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYDEXTROSE, POLYETHYLENE GLYCOL, POLYVINYL ALCOHOL, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM BIPHOSPHATE, SODIUM MOLYBDATE, SODIUM SELENITE, STANNOUS CHLORIDE, SODIUM TOSULFATE, SUNFLOWER OIL, TALC, THIAMINE MONONITRATE, TITANIUM DIOXIDE, ZINC OXIDE, ZINC POLYCARBONATE, ZINC POLYCARBONATE, ZINC POLYCARBONATE, ZINC POLYCARBONATE.

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716

PRODUCT OF CHINA

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Directions: Adults – One tablet daily with food as a dietary supplement.

KEEP OUT OF REACH OF CHILDREN.

Store at 15°- 30°C (59°- 86°F).

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product.

Key antioxidants for immune support*

B Vitamins may help promote energy levels*

Vitamins A, C and E may help support healthy vision*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

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Satisfaction guaranteed – Or we'll replace it or give you your money back. For questions or comments or to report an undesired reaction or side effect, please call 1-888-287-1915.

SAFETY-SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.



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PREPARED AND POTENCY GUARANTEED THROUGHOUT

EXP-06124