



Brain Health[†]

equate™

Compare to Centrum® Silver® Adults 50[†]

Complete Multivitamin

ADULTS 50+

Dietary Supplement

- With Lutein and Lycopene
- Comprehensive Nutritional Support for Adults 50+
- Iron-Free

[†]B-Vitamins and Zinc may help support normal brain function through their roles in carbohydrate metabolism.*

125 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 750 mcg (40% as beta-carotene)	83%	Iodine 150 mcg	100%
Vitamin C 60 mg	67%	Magnesium 50 mg	12%
Vitamin D ₃ 25 mcg (1000 IU)	125%	Zinc 11 mg	100%
Vitamin E 22.5 mg	150%	Selenium 19 mcg	35%
Vitamin K 30 mcg	25%	Copper 0.5 mg	56%
Thiamine 1.5 mg	125%	Manganese 2.3 mg	100%
Riboflavin 1.7 mg	131%	Chromium 50 mcg	143%
Niacin 20 mg	125%	Molybdenum 45 mcg	100%
Vitamin B ₆ 3 mg	176%	Chloride 72 mg	3%
Folate 680 mcg DFE (400 mcg folic acid)	170%	Potassium 80 mg	2%
Vitamin B ₁₂ 25 mcg	1,042%	Silicon 2 mg	**
Biotin 30 mcg	100%	Vanadium 10 mcg	**
Pantothenic Acid 10 mg	200%	Lutein 250 mcg	**
Calcium 220 mg	17%	Lycopene 300 mcg	**
Phosphorus 20 mg	2%		

**Daily Value (DV) not established.

INGREDIENTS: CALCIUM CARBONATE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, MAGNESIUM OXIDE, ASCORBIC ACID, MICROCRYSTALLINE CELLULOSE, DL-ALPHA TOCOPHERYL ACETATE, MALTODextrin, STARCH. CONTAINS 2% OR LESS OF ASCORBYL PALMITATE, BETA-CAROTENE, BHT, BIOTIN, CARBOXYMETHYLCELLULOSE SODIUM, CHOLECALCIFEROL, CHROMIUM PICOLINATE, CUPRIC SULFATE,

CYANOCOBALAMIN, D-CALCIUM PANTOTHENATE, DL-ALPHA TOCOPHEROL, DL-TARTARIC ACID, FD&C BLUE NO. 2 LAKE, FD&C RED NO. 40 LAKE, FD&C YELLOW NO. 6 LAKE, FOLIC ACID, GELATIN, GLUCOSE, GUM ARABIC, HYDROXYPROPYL METHYLCELLULOSE, LUTEIN, LYCOPENE, MAGNESIUM STEARATE, MANGANESE SULFATE, MEDIUM CHAIN TRIGLYCERIDES, NICOTINAMIDE, PHYTONADIONE, POLYDEXTRROSE, POLYETHYLENE GLYCOL, POLYVINYL ALCOHOL, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, RETINYL ACETATE, RIBOFLAVIN, SILICA, SODIUM ALUMINUM SILICATE, SODIUM ASCORBATE, SODIUM METAVANADATE, SODIUM MOLYBDATE, SODIUM SELENITE, SUGAR, SUNFLOWER OIL, TALC, THIAMINE MONONITRATE, TITANIUM DIOXIDE (COLOR), TOCOPHEROL CONCENTRATE, TRICALCIUM PHOSPHATE, ZINC OXIDE.

DISTRIBUTED BY: Walmart Inc., Bentonville, AR 72716

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SUGGESTED USE: Adults – One tablet daily with food as a dietary supplement.

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product.

KEEP OUT OF REACH OF CHILDREN. Store at 15°- 30°C (59°- 86°F)

Antioxidants may help support healthy immune function*

B-Vitamins may help sustain energy levels*

Calcium and Vitamin D₃ may help support bone health*

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

SAFETY-SEALED.

DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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