

store sealed in a cool dry place

KEEP OUT OF THE REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations

1 capsule 1 hour before
bed or as directed by your
healthcare professional.

Warning

If pregnant, consult your
physician before taking.

CONTAINS NO COATINGS, BINDERS,
YEAST, WHEAT, GLUTEN, MILK/DAIRY,
CORN PROTEIN, SOY PROTEIN, EGGS,
SUGAR, HYDROGENATED OIL,
ARTIFICIAL COLORING, ARTIFICIAL
FLAVORING, OR PRESERVATIVES.

MADE IN THE USA



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VITAL
NUTRIENTS

5HTP
100mg

**VEG
CAPS**



DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

serving size: 1 capsule

servings per container: 60

	amount per serving	percent daily value
Vitamin B6 (as pyridoxine HCl)	10mg	500%
5HTP	100mg	*
Pyridoxal 5' Phosphate	4mg	*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule,
Rice Powder, Magnesium Citrate, and Leucine.

Independently tested for
authenticity, potency, solvent
residue, stability and bacteria,
yeast and mold counts.

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA