

NEW LOOK!

**Super[®]
Nutrition**
SINCE 1977

SimplyOne[®]



PreNatal

Triple Power Multivitamins

BETTER BIRTH WEIGHT • REDUCED FATIGUE[†]

WHOLE
FOOD
BLEND



GLUTEN
FREE

A DIETARY SUPPLEMENT • 90 TABLETS

Gentle On The Stomach

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Vitamin A (as retinol palmitate, 17% (1000 IU) as beta-carotene)	6000 IU	120%
Vitamin C (ascorbic acid)	150 MG	250%
Vitamin D (as vitamin D3)	3000 IU	750%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	80 MCG	100%
Thiamine (vitamin B1)	40 MG	2667%
Riboflavin (vitamin B2)	30 MG	1765%
Niacin (as niacin**, niacinamide)	40 MG	200%
Vitamin B6 (as pyridoxine HCl)	35 MG	1750%
Folic Acid	1000 MCG	250%
Vitamin B12 (as methylcobalamin)	150 MCG	2500%
Biotin (as d-biotin)	330 MCG	110%
Pantothenic Acid (as d-calcium pantothenate)	35 MG	350%
Calcium (as calcium carbonate, calcium citrate)	110 MG	11%
Iron (as ferrous carbonyl)***	30 MG	167%
Iodine (from kelp)	290 MCG	193%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Stearic Acid (Vegetable Source), Vegetable-Based Coating, Natural Vanilla

** Niacin is two-stage, low flush

***Iron precoated to prevent interaction with Vitamin E

✓ Certified Organic

**** As Chromax[®]

The Most Effective Multivitamins Known to Science

Directions: Take 1 tablet daily after any meal.

Whole food based for faster disintegration.

VEGETARIAN | HYPOALLERGENIC

Contains no: sugar, gelatin, nuts, wheat, yeast, pollen, buckwheat, dairy, corn or soy residues, hidden additives or artificial colorings.

100% Guaranteed With Proof of Purchase
Formulated by and Manufactured for SuperNutrition

SuperNutritionUSA.com
Oakland, CA 94612
800.262.2116

	Amount Per Serving	% DV
Magnesium (as magnesium oxide, magnesium glycinate)	60 MG	15 %
Zinc (as zinc oxide, zinc citrate)	32 MG	213 %
Selenium (as sodium selenite)	225 MCG	321 %
Copper (as copper glycinate)	2 MG	100 %
Manganese (as manganese sulfate)	5 MG	250 %
Chromium (as chromium picolinate)****	225 MCG	188 %
Molybdenum (as molybdenum trioxide)	80 MCG	107 %
Betaine (as betaine HCl)	25 MG	*
Bioflavonoids (from lemon fruit)	25 MG	*
Boron	2 MG	*
Choline (as choline bitartrate)	15 MG	*
Glutamic Acid (as glutamic acid HCl)	5 MG	*
Hesperidin (from citrus)	5 MG	*
Inositol	15 MG	*
Rutin	5 MG	*
Whole Food & Herb Blend	50 MG	*
Papaya Fruit, Alfalfa leaf ✓, Spirulina herb ✓, Chlorella herb ✓		
*Daily Value (DV) Not Established		

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in
a cool,
dry place

