

Supplement Facts

Serving Size 1 Lozenge

Amount Per Serving

Melatonin 1 mg

†Daily Value not established.

Other ingredients: sorbitol, mannitol, magnesium stearate.

natural peppermint flavor, and stearic acid.

Melatonin is produced in humans by the pineal gland. A favorite of travelers, it helps to support restful sleep.*

Suggested Use: 1 lozenge at bedtime. For best results, allow to dissolve in the mouth before swallowing.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before taking this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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