

NEW LOOK!

**Super
Nutrition**
SINCE 1977

SimplyOne®



Men

Triple Power Multivitamins

ALL-DAY ENERGY • FEEL BETTER • GET HEALTHIER*

WHOLE
FOOD
BLEND



GLUTEN
FREE

A DIETARY SUPPLEMENT • 30 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% DV
Vitamin A (as retinol palmitate, 25% (1000 IU) as beta-carotene)	4000 IU	80 %
Vitamin C (ascorbic acid)	150 MG	250 %
Vitamin D (as vitamin D3)	3000 IU	750 %
Vitamin E (as d-alpha tocopheryl succinate)	60 IU	200 %
Vitamin K (as phyttonadione)	90 MCG	113 %
Thiamine (vitamin B1)	45 MG	3000 %
Riboflavin (vitamin B2)	35 MG	2059 %
Niacin (as niacin**, niacinamide)	45 MG	225 %
Vitamin B6 (as pyridoxine HCl)	35 MG	1750 %
Folic Acid	1000 MCG	250 %
Vitamin B12 (as methylcobalamin)	150 MCG	2500 %
Biotin (as d-biotin)	325 MCG	108 %
Pantothenic Acid (as d-calcium pantothenate)	35 MG	350 %
Calcium (as calcium carbonate, calcium citrate)	50 MG	5 %
Iron (as ferrous carbonyl)***	8 MG	44 %
Iodine (from kelp)	225 MCG	150 %
Magnesium (as magnesium oxide, magnesium glycinate)	25 MG	6 %
Zinc (as zinc oxide, zinc citrate)	23 MG	153 %
Selenium (as sodium selenite)	225 MCG	321 %
Copper (as copper glycinate)	2 MG	100 %
Manganese (as manganese sulfate)	5 MG	250 %

Other Ingredients: Microcrystalline Cellulose, Stearic Acid (Vegetable Source), Croscarmellose Sodium, Magnesium Stearate (Vegetable Source), Calcium Silicate, Vegetable-Based Coating, Natural Vanilla

** Niacin is two-stage, low flush ***Iron precoated to prevent interaction with Vitamin E Certified Organic
****As Chromax®

The Most Effective Multivitamins Known to Science

Directions: Take 1 tablet daily after any meal.
Whole food based for faster disintegration.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

100% Guaranteed With Proof of Purchase
Formulated by and Manufactured for SuperNutrition

SuperNutritionUSA.com
Oakland, CA 94612 • 800.262.2116

	Amount Per Serving	% DV
Chromium (as chromium picolinate)****	225 MCG	188 %
Molybdenum (as molybdenum trioxide)	100 MCG	133 %
Betaine (as betaine HCl)	25 MG	*
Bioflavonoids (as from lemon fruit)	30 MG	*
Black Pepper (piper nigrum, fruit, 95% piperine)	5 MG	*
Boron	2 MG	*
Choline (as choline bitartrate)	35 MG	*
Glutamic Acid (as glutamic acid HCl)	5 MG	*
Hesperidin (from citrus)	5 MG	*
Inositol	30 MG	*
Rutin	5 MG	*
Whole Food & Herb Blend	100 MG	*
Alfalfa leaf	Damiana herb, Nettles root	
Ashwagandha root	Avena sativa leaf, Pumpkin seed, Tribulus terrestris herb, Epimedium leaf, Muira puama herb, Eleutherococcus senticosus root	
Spirulina herb	Chlorella, Iceland moss, Sarsaparilla root, Fo Ti root, Bromelain	
Antioxidant Blend	50 MG	*
Quercetin, Ginkgo leaf extract, Green Tea leaf extract, Hawthorn berry extract (4:1), N-Acetyl Cysteine, DMAE, Co-Q10, Grape seed extract, Pine bark extract, Alpha-Lipoic Acid, Ginseng root, Bilberry fruit	Lutein, Lycopene	

*Daily Value (DV) Not Established

VEGETARIAN | HYPOALLERGENIC

Contains no: sugar, gelatin, nuts, wheat, yeast, pollen, buckwheat, dairy, corn or soy residues, hidden additives or artificial colorings.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in
a cool,
dry place



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