

OmegaGenics™ EPA-DHA 300 features a natural profile of health-promoting omega-3 essential fatty acids from cold-water fish that is produced in Norway. Each softgel provides 300 mg of EPA-DHA to support overall health and wellness.*

Advantages of this premium formula include:

- Tested for contaminants by a third-party lab
- Stabilized with natural antioxidants to maintain freshness
- Triglyceride form for easy absorption
- Fish oil is produced in Norway

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Directions: Take one softgel with food up to three times daily or as directed by your healthcare practitioner.

This product is Gluten Free.

Caution: If pregnant or nursing, or taking medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

 **Metagenics**

Genetic Potential Through Nutrition


OmegaGenics™

EPA-DHA 300

(Formerly EPA-DHA Complex)

Triglyceride

Omega-3 Supplement

270 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 270

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1.5*
Cholesterol	<5 mg	
Omega-3 Fatty Acids	350 mg	**
EPA (Eicosapentaenoic acid)	180 mg	**
DHA (Docosahexaenoic acid)	120 mg	**
Other Omega-3 Fatty Acids	50 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Omega-3 fatty acids [fish (anchovy, sardine)], gelatin, glycerin, purified water, and mixed tocopherols. Contains: fish (anchovy, sardine)

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